

INTUITIVE MIND

*"The intuitive mind is a sacred gift...
and the rational mind is a faithful servant.*

*We have created a society that honors the servant
and has forgotten the gift."
-Albert Einstein*

Your Intuitive Style Questionnaire

Welcome to our Intuitive Mind website. Intuitive Mind is all about remembering, you are an intuitive spirit having a human experience. You will recognize over time that we are passionate when educating you about intuition and the health of your energy field. We are called as our mission to share this knowledge with others along the journey of life.

You have a dynamic human energy field. You are intuitive, and you learn to use your intuition to assist you as you move through life. As an individual, you are wired just a bit differently in a dominant style of intuition. Meaning, one person can experience life with great passion and emotion and can easily sense the emotions of others. Your intuitive ability has been strong since birth and provides you ways of intuitively "reading others" by using an emotional barometer. Another individual may be born very visual and visually see the details in everything. That individual will also create their own way of visually "reading" their environment to assist them as they move through their everyday activities.

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Your human energy field communicates at a spiritual level at all times. Twenty years ago most of you were not aware that you were intuitive. Now in our current environment of consciousness you and others are awakening to your intuitive truth. Therefore, if your spirit were to answer the questionnaire each one of you would have top scores in every category. However, it is our human body and mind answering the questionnaire, so the total scores in each category are based on how much your body knows you are intuitive! Does that make sense?

Those who are quite literal and analytical are still intuitive; they may simply not know that they are because it goes through an analytical linear filter before it rises to your consciousness. Through meditation you can increase your ability to bring all of your intuitive qualities to a conscious level at all times bypassing the analytical filters of the mind.

We invite you to quiet yourself, answer the questions, and then add up the totals in each category. This will give you an idea of what your personal dominant intuitive style is. Your lower score means it is not the first intuitive ability you reach for, however you can "tune in" to those other levels and gather intuitive information. Then over time develop strengths in all categories.

[Intuition \(knowledge\) - Wikipedia, the free encyclopedia](#)

The term intuition is used to describe "thoughts and preferences that come to mind quickly and without much reflection". "The word 'intuition' comes from the Latin word 'intueri', which means that all knowledge is gained through intuition, immediate insight, or spiritual vision of a transcendent higher reality.

Read each category and statement carefully. When you can relate to the statement as true for you then check the circle next to it. Add up 1 point for each checked item and place it in the total at the bottom of each category. Each category has 16 questions except for the last category in knowingness which has 8 questions. In that category each checked item is valued at 2 points instead of one. Whatever category has the largest total is only an indication as to what your dominant intuitive style is. If you have 2 categories that are equal in number then that means you may be intuitively dominant in both categories.

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Clairvoyance (Clear Seeing) 6th Chakra

- When I close my eyes, and imagine my bedroom at home, I can see all the details in pictures.
- When trying to remember something, I retain it better if I can see it with my eyes.
- If someone is reading something to me, I prefer to follow along with my eyes.
- I see details in colors.
- I see patterns in how people put clothing together, how they move through life and how they make decisions.
- When I read something, I prefer that it has lots of pictures and illustrations.
- I have a good sense of direction.
- I use Landmarks to help me remember where I am going.
- When I listen to someone talk, I get visual pictures that flash before me in my minds eye, showing me what they are talking about.
- I can recall and remember events based on picture memories in detail.
- I can see colors around people, trees, plants and animals.
- I can play with visions in my mind and make them large or small like using a microscope.
- I can see into an item, person, box or door and see what is in it or behind it.
- I catch glimpses of energy out of the corner of my eye that cause me to turn and look, even if I see nothing when I turn my head.
- I can float above myself or places and look back and see below me in detailed pictures.
- Sometimes I see spirits and angels.

___ TOTAL

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Clairaudience (Clear Hearing) 5th Chakra

- I often have a tune running through my head during the day.
- If I hear someone humming a tune, I pick it up easily.
- I prefer listening rather than taking notes.
- I have a good ear for accents and foreign languages.
- I remember and retain information better if I hear them explained to me verbally.
- I often hear sounds other people do not notice.
- Sounds stimulate my thinking and imagination.
- When working, I have greater focus if music or sound/noise is in the background.
- I receive information and guidance verbally in my mind.
- It is easier for me to listen, if I close my eyes.
- Going beyond magical thinking, the songs that I hear in my head feel like guidance and messages that fit perfectly with my current situation.
- Someone can be thinking of a something in their head and you speak it out loud.
- Sometimes I hear my name being called or bells, chimes, or bee type buzzing.
- When I ask a question inside my own mind I hear the answer come back to me in my head.
- When remembering a friend or family member speaking, I can hear their voice talking in my mind.
- I hear Angels and guides talking to me in words, and sounds, not in pictures.

___ TOTAL

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Secondary Clairaudience (Smell or taste) 5th Chakra

- I can smell an item and tell the history of the item.
- I am sensitive to how someone smells in relationship to how they are feeling.
- I can smell illness, and sometimes even tell what type of illness it is.
- I can smell things in my dream state.
- I associate events and memories based on certain smells.
- When I walk in nature, I can smell multiple items at once in the air.
- When I smell food, I can determine all the different spices that were used.
- I can smell the thickness or how clear a room is when I walk in.
- Smell activates my sense of imagination.
- I identify with memories of people based on their smell.
- The taste in my mouth changes as I communicate with others.
- When I touch an item, I can taste the item in my mouth.
- When I am doing a healing treatment with someone, I can taste the energy in my mouth.
- When I have old memories come up or working with someone else talking about the past, sometimes I can smell or taste old dusty energy or a metallic taste.
- I am very sensitive to fragrances and perfumes.
- I prefer natural skin odor.

___ TOTAL

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Clairsentience (Clear Feeling) 2nd Chakra

- I regularly participate in physical activities such as yoga, aerobics, dance, or sports.
- I dislike sitting still for long period of time.
- I can feel the energy in a room as soon as I enter it.
- My thinking and imagination are most stimulated when I am involved in a physical activity.
- I both like to and need to spend a lot of time in nature.
- I feel most connected to things when I can touch or feel them.
- I can feel in my body the sensations that mirror what other people are feeling.
- I touch an item and can tell the story and history attached to it.
- I learn most easily when I physically practice or act out something.
- When I talk with someone, I find it easier to communicate if I am touching them.
- When in a crowd, I can feel overwhelmed because of the emotion in the room.
- When I speak, it can be at a slower rate, and my responses are slower to questions.
- When in social situations, I find it easier to talk to just one person in the group, rather than move around and touch base with everyone.
- I experience situations with much more emotional attachment than the average person.
- I make decision based on how I feel about something.
- I frequently schedule and receive massages.

___ TOTAL

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Claircognicant (Clear Knowing) 7th Chakra

- I sometimes have a knowingness that seems to arise from nowhere and ends up being true.
- I can know when something is not right even if I do not have rational facts to back it up.
- I can meet someone and instantly know things about them to the extent that they are certain someone must have told me about them, when no one has.
- I know what kind of mood my children, spouse, or work peers are in before I even see them in person.
- A person will come to my mind and a day or two later I will see them or speak to them.
- I know if something is going to happen before it does.
- When going places, and get lost, I just know which direction that I need to go.
- People I know and even strangers open up to me and tell me their problems, even though they know little about me.
- I just know that everything is going to be okay when drama is happening and I focus on that knowing more than the drama.

___ TOTAL x 2 = _____

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Now that you have completed the Intuitive Style Questionnaire, what does it all mean?

If your score is in **ANY** category:

12 - 16 points = Highest score which is a strong indicator that this intuitive category is a dominant ability for you.

8 - 11 points = Medium to high score indicates that this can still be a dominant ability for you however you may not use all of your intuitive abilities in this category to your highest potential.

4 - 7 points = Low to medium score indicates that is this ability is not a dominant ability for you, however you may still use this intuitive ability as a back up to validate your stronger intuitive impressions.

1- 3 points = Low score, does not mean you did not pass, so let's help you to be clear on what it does mean. It simply means that this intuitive category is one that you rarely bring to a conscious level. You may rely heavily on your other intuitive abilities and are out of practice with this category. Similar to being dominant when writing with one hand or the other, you can learn with practice to write with the non-dominant hand. Our Intuitive Mind techniques teach you how to do just that!

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It is important to be clear about what this questionnaire is and is not. It is a tool to bring insight into your natural intuitive style. It is not a score to be compared to anyone else.

Remember this questionnaire indicates what intuitive abilities you ARE conscious of. Subconsciously your spirit communicates intuitively all of the time.

Recently I had a student who scored no higher than a 4 in each category and she felt poorly about the questionnaire because she always considered herself intuitive. This questionnaire does not override your own sense of intuition; again it is simply a tool for insight. What she realized was that she follows her intuition all of the time however is not always conscious about how she arrived at her decisions. The score indicates what you are conscious of!

The Intuitive Mind Program of Courses and private sessions are all Education based. Our mission is to educate and foster independence in your own intuition and energetic self-care.

Do you know someone who might like their own copy of this questionnaire?
They can sign up to receive their own copy at: <https://www.intuitivemind.org>

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